

# HORAIRE DES COURS COLLECTIFS

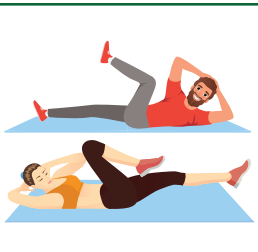
**LUNDI**

09h30



**TOTAL SCULPT**

18h30



**T.A.F.C.**

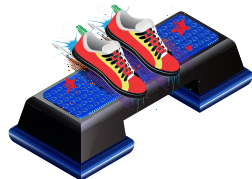
19h30



**TOTAL JUMP**

**MARDI**

18h30



**TOTAL STEP**

19h30



**PILATES YOGA**

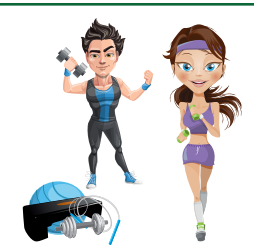
**MERCREDI**

09h30



**T.A.F.C.**

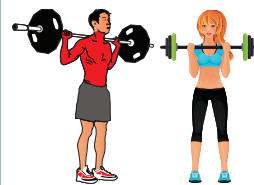
19h30



**TOTAL SCULPT**

**JEUDI**

18h30



**TOTAL PUMP**

19h30



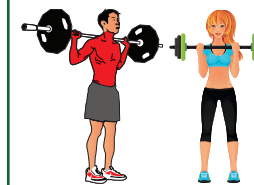
**PILATES YOGA**

**VENDREDI**

**FL**  
- fermé -

**SAMEDI**

10h00



**TOTAL PUMP**

**DIMANCHE**

09h30



**T.A.F.C.**

**FITNESSLAND**  
Coaching & Cours Collectifs

**I ♥ sport!**

[WWW.FITNESSLAND.BE](http://WWW.FITNESSLAND.BE)

0471/46.37.67

A partir d'octobre 2023